

# Arizona Medical Board Pre-Approved Category 1 CME

## Medical Ethics and Professional Boundaries

Organization / Location	CME Hours	Course Name / Description	Cost
<b>Case Western Reserve University/ Intensive Series of Courses</b> Cleveland, Ohio (800) 274-8263 <a href="http://casemed.case.edu/cme/activities/intensive_series.cfm">http://casemed.case.edu/cme/activities/intensive_series.cfm</a>	15.75	<b><u>Medical Ethics, Boundaries and Professionalism</u></b> Designed for physicians in all specialties who wish or need to pursue focused study in areas of applied ethics, including boundary maintenance, and practice management. The practice of medicine is governed by several important ethical precepts, including: confidentiality, beneficence, respect for patient autonomy, truth telling and the highest degree of professionalism. Physicians work within the guidelines of these principles. Yet medical practice can also be challenged by these principles, particularly when two or more of them are in conflict. This expertly taught intensive course – liberally employing case presentations – focuses on applied ethics, from boundary issues to billing practices.	\$1,200
<b>Professional Boundaries, Inc.</b> 201-608-0911 or 888-724-2224 <a href="https://professionalboundaries.com/me22.php">https://professionalboundaries.com/me22.php</a>	22	<b><u>Medical Ethics and Professionalism</u></b> An intensive 22-hour CME based training for physicians and other health professionals. Approved by the California Medical Board and acceptable to most other boards. We start with the premise that everyone has a "violation potential." During this course you will explore your own risk factors, vulnerabilities, accountability and resistance to face your violation potential. Only in this way can you better protect yourself and others. You will develop a personal ethics protection plan. <b>NOTE: Optional follow-up evaluation and review</b>	\$1875
<b>Sante' Center for Healing</b> Argyle , Texas (800) 258-4250 Ext 267 <a href="http://santecenter.com/professionals-program/maintaining-proper-boundaries-course">http://santecenter.com/professionals-program/maintaining-proper-boundaries-course</a>	21	<b><u>Maintaining Proper Boundaries</u></b> The course creates a unique learning environment utilizing didactic presentations, interactive discussions, and experiential exercises. In addition to learning about boundary issues and ethical standard infractions, the course also outlines methods to identify high risk clients and staff for safeguarding the office or treatment setting, as well as ways to obtain help if one has crossed boundaries and how to be safe in so called "gray" areas.	\$2300

<b>University of California PACE Program</b> San Diego, California (619) 543-6770 <a href="http://www.paceprogram.ucsd.edu/Documents/Boundaries.pdf">http://www.paceprogram.ucsd.edu/Documents/Boundaries.pdf</a>	39.5	<b><u>Professional Boundaries Program</u></b> The Professional Boundaries Program is a dynamic, interactive three-day educational training program facilitated by a minimum of two physicians board-certified in psychiatry. The program objective is to assist the professional in addressing the issues that contribute to their misconduct in the workplace.	\$3,500
<b>Vanderbilt University Medical Center</b> Nashville, Tennessee 615.322.4030 <a href="http://www.mc.vanderbilt.edu/root/vumc.php?site=cph&amp;oc=36613">http://www.mc.vanderbilt.edu/root/vumc.php?site=cph&amp;oc=36613</a>	24	<b><u>Maintaining Proper Boundaries</u></b> Maintaining Proper Boundaries emphasizes understanding of general and sexual boundary issues. Typical boundary violations include inappropriate comments or jokes, sexual relationship with patients and inappropriate business relationships with patients. This is not a course for physicians with an active sexual addiction.	\$2,500
<b>The Center Personalized Education for Physicians (“CPEP”)</b> 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303.577.3232 <a href="http://www.cpepdoc.org/cpep-courses/probe-ethics-boundaries-program-united-states/">http://www.cpepdoc.org/cpep-courses/probe-ethics-boundaries-program-united-states/</a>	25.25	<b><u>Professional/Problem-based Ethics (“ProBE”)</u></b> Non-adversarial ethics and boundaries program for healthcare professionals referred by licensing boards or other oversight entities. Intensive small group sessions. Discussions and case analyses facilitate participant “probing” into why they went astray.	\$2,250

### **Medical Recordkeeping - Documentation**

Organization/Location	CME Hours	Course Name	Cost
<b>University of California PACE Program</b> San Diego, California (619) 543-6770 <a href="http://www.paceprogram.ucsd.edu/CPD/record.aspx">http://www.paceprogram.ucsd.edu/CPD/record.aspx</a>	17	<b><u>Medical Record Keeping Course</u></b> An intensive two-day CPD/CME program designed to help the physician improve charting behavior and documentation in the medical record. This program uses hands-on, interactive, personalized and didactic instruction.	\$1,575
<b>Case Western Reserve University/ Intensive Series of Courses</b> (216) 983-1239 and (800) 274-8263 <a href="http://casemed.case.edu/cme/activities/intensive_series.cfm">http://casemed.case.edu/cme/activities/intensive_series.cfm</a>	15.25	<b><u>Intensive Course in Medical Documentation: Clinical, Legal, and Economic Implications for Healthcare Providers</u></b> Medical education notoriously gives inadequate attention to teaching physicians how to properly document the patient encounter. Current challenges in maintaining accurate and complete patient records include the conversion to electronic medical records, ever-changing regulatory and billing guidelines, and legal constraints. This course aims to give providers the	\$1,200

		knowledge base and skills to generate compliant, risk-reducing and reimbursable documentation.	
<b>Professional Boundaries, Inc. Series of Courses</b> Course Information: ( 904)-704-9175  <a href="https://professionalboundaries.com/medical-record-keeping-courses.php">https://professionalboundaries.com/medical-record-keeping-courses.php</a>	17	<b><u>In-Person Intensive</u></b> This course is designed for prescribers who have the need or desire to improve their medical record keeping which meets standards, laws and regulations pertaining to medical documentation, for improved medical care, delivery of services, clear and accurate communications. It is specifically developed for prescribers who have been found deficient in medical documentation either by hospitals or by regulatory agencies.	\$1,350
<b>The Center Personalized Education for Physicians (“CPEP”)</b> 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303.577.3232 <a href="https://www.cpepdoc.org/cpep-courses/medical-records-keeping-seminar/">https://www.cpepdoc.org/cpep-courses/medical-records-keeping-seminar/</a>	10	<b><u>Medical Record Keeping Seminar</u></b> This one-day Seminar teaches efficient methods of documenting patient care, including effective use of Electronic Medical Records (EMR). Participants will gain an understanding of the medico-legal implications of documentation and will learn new strategies for overcoming barriers to effective record keeping.  <b>NOTE:</b> Upon completion of the one-day Seminar, participants have the option of enrolling in a six-month follow-up program that includes in-depth chart reviews, detailed feedback, and coaching to fully integrate documentation skills into participants’ daily practice.	\$995
<b>The Center Personalized Education for Physicians (“CPEP”)</b> 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303.577.3232 <a href="https://www.cpepdoc.org/cpep-courses/medical-records-keeping-seminar/">https://www.cpepdoc.org/cpep-courses/medical-records-keeping-seminar/</a>	N/A	<b><u>Personalized Implementation Program (PIP)</u></b> PIP is the optional follow-up program for the Seminar. Participants must first complete the Seminar and then enroll within one month of seminar completion. The purpose of PIP is to help participants actively apply the techniques they learn in their own practice.  Participants submit three sets of charts to CPEP at two, four and six months after enrollment. A physician reviewer provides detailed verbal (via teleconference) and written feedback. Participants also receive concrete suggestions for improvement.	\$1,550
<b>Texas A&amp;M University/ A&amp;M Rural and Community Health Institute</b> Crystal Park Plaza 2700 Earl Rudder Freeway South, Suite 3000 College Station, TX 77845 (979) 436-0390 <a href="https://rchitexas.org/kstar-physician/medical-record-course.html">https://rchitexas.org/kstar-physician/medical-record-course.html</a>	16	<b><u>Medical Record Course</u></b> The KSTAR Medical Record Documentation course is a two-day, in-person program designed for physicians to increase their ability to effectively maintain medical records. Maintaining proper medical records reduces risk to the provider, enhances quality of care and assists in meeting compliance standards.  Participants are expected to be onsite for the two-day course. Presentations will utilize various teaching approaches to include	\$1,150

		pre- and post-testing, lecture, precepted chart review session and skills practice. For credit, participants must be present and actively participate throughout the course.	
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### Physician-Patient Communication Courses

Organization / Location	CME Hours	Course Name / Description	Cost
<b>Bayer Institute for Health Care Communication</b> Sea Isle City, New Jersey 609-263-0262 <a href="http://healthcarecomm.org/training/continuing-education-workshops/clinician-patient-communication-to-enhance-health-outcomes/">http://healthcarecomm.org/training/continuing-education-workshops/clinician-patient-communication-to-enhance-health-outcomes/</a>	4	<b><u>Clinician-Patient Communication Program</u></b> HCC Consultants deliver fast paced and interactive workshops for small groups of physicians in a half-day workshop. Pragmatic exercises, group participation, role-play activity, review and critique of videotapes of patient-clinician interaction.	Call for pricing
<b>University of California - PACE Program</b> San Diego, California (619) 543-6770 <a href="http://www.paceprogram.ucsd.edu/CPD/patientcom.aspx">http://www.paceprogram.ucsd.edu/CPD/patientcom.aspx</a>	8	<b><u>Physician-Patient Communication</u></b> Improved diagnostic accuracy, greater involvement of the patient in decision making and increased likelihood of adherence to therapeutic regimens are all outcomes of using effective communication strategies. Full day workshop for groups with 6-30 participants.	\$1,000
<b>The Center Personalized Education for Physicians ("CPEP")</b> 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303-577-3232 <a href="https://www.cpepdoc.org/cpep-courses/advanced-skills-in-clinician-patient-communication/">https://www.cpepdoc.org/cpep-courses/advanced-skills-in-clinician-patient-communication/</a>	19	<b><u>Advanced Skills in Clinician-Patient Communication</u></b> For healthcare providers in need of both basic and advanced skills, including difficult patient relationships, giving disappointing news and negotiating treatment decisions. This 2.5 day course is based on content from the Institute for Healthcare Communication.	\$1,995.

### Prescribing Controlled Substances

Organization / Location	CME Hours	Course Name / Description	Cost
<b>Case Western University/ Intensive Series of Courses</b> <b>Controlled Substance Prescribing</b> Continuing Medical Education Program	24.5	<b><u>Intense Course in Controlled Substance Management</u></b> The Intensive Course in Controlled Substance Management is designed for physicians in all specialties who need or wish to increase their knowledge and ability to effectively prescribe	\$1,350

<p>Cleveland, Ohio  (216) 983-1239 or (800) 274-8263  <a href="http://casemed.case.edu/cme/activities/intensive_series.cfm">http://casemed.case.edu/cme/activities/intensive_series.cfm</a></p>		<p>controlled medications that have abuse potential. In addition, the course is designed for physicians who treat chronic pain syndromes.</p>	
<p><b>Vanderbilt University Medical Center Medical</b>  Nashville, Tennessee  (615) 936-0676  <a href="http://www.mc.vanderbilt.edu/root/vumc.php?site=cph&amp;oc=36613">http://www.mc.vanderbilt.edu/root/vumc.php?site=cph&amp;oc=36613</a></p>	<p>22.75</p>	<p><b><u>Prescribing Controlled Drugs Course</u></b>  For those attending the Prescribing Controlled Drugs Course, typical problem behaviors have included the inappropriate dispensing of medications from physician's offices, prescribing large amounts of narcotics at too frequent intervals, or prescribing to family members, friends, or people with known histories of substance abuse. Oftentimes, the records of the physicians' prescribing practices are poorly documented or non-existent</p>	<p>\$2,500</p>
<p><b>University of California PACE Program</b>  San Diego, California  (619) 543-6770  Online Brochure:  <a href="http://www.paceprogram.ucsd.edu/CPD/prescribing.aspx">http://www.paceprogram.ucsd.edu/CPD/prescribing.aspx</a></p>	<p>27</p>	<p><b><u>Physician Prescribing Course</u></b>  The Physician Prescribing Course is a two and one-half day small group CME program designed to improve the participant's prescribing behavior by providing education on the legal, biomedical and clinical aspects of prescribing drugs, especially controlled drugs.</p>	<p>\$1,995</p>
<p><b>Professional Boundaries, Inc.</b>  904-800-1237  <a href="https://professionalboundaries.com/prescribing_course">https://professionalboundaries.com/prescribing_course</a></p>	<p>21</p>	<p><b><u>Opioids, Pain, Management, and Addiction – Physician Edition</u></b>  This course offers 21 CME credits in the form of 5 hours of pre-course materials and 16 hours live in-person instruction. The course director, Jennifer Schneider, MD, is a nationally recognized expert in the management of chronic pain with opioids and the author of numerous papers in professional journals in the addiction and pain management fields. The faculty for this course were selected by Professional Boundaries Inc and approved by the University of California, Irvine School of Medicine Office of Continuing Medical Education.</p>	<p>\$1,895</p>
<p><b>Professional Boundaries, Inc.</b>  904-800-1237  <a href="https://professionalboundaries.com/prescribing_course">https://professionalboundaries.com/prescribing_course</a></p>	<p>33</p>	<p><b><u>Opioids, Pain, Management, and Addiction – Extended Edition</u></b>  This course offers 33 CME credits in the form of 5 hours of pre-course materials, 16 hours live in-person instruction, and 12 hours of post-course teleconference calls. The course director, Jennifer Schneider, MD, is a nationally recognized expert in the management of chronic pain with opioids and the author of numerous papers in professional journals in the addiction and pain management fields. The faculty for this course were selected by Professional Boundaries Inc and approved by the University of California, Irvine School of Medicine Office of Continuing Medical</p>	<p>\$2,295</p>

		Education.	
<b>The Center Personalized Education for Physicians (“CPEP”)</b> 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303-577-3232 <a href="https://www.cpepdoc.org/cpep-courses/prescribing-controlled-drugs/">https://www.cpepdoc.org/cpep-courses/prescribing-controlled-drugs/</a>	22.75	<b><u>Prescribing Controlled Drugs; Critical Issues and Common Pitfalls</u></b> This 3-day course teaches appropriate prescribing practices, facilitates an understanding of personal motivations and responsibilities in the patient encounter, and cultivates skills in substance abuse identification.	\$2,525
<b>The Center Personalized Education for Physicians (“CPEP”)</b> 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303-577-3232 <a href="https://www.cpepdoc.org/cpep-courses/basics-of-chronic-pain-management/">https://www.cpepdoc.org/cpep-courses/basics-of-chronic-pain-management/</a>	8	<b><u>Basics of Chronic Pain Management; Essentials for the Non-Pain Management Specialist</u></b> Nearly 50 million Americans suffer from chronic pain. As the population ages, that number is likely to increase. Many patients seek help not from pain specialists, but from primary care physicians or other healthcare professionals.  Basics of Chronic Pain Management is a one-day seminar that will help you treat this growing population of patients with safety and confidence. Offered in Denver, Colorado, this course is intended for those who are not pain management specialists. <b>NOTE:</b> Cost is \$250 if also registered for Prescribing Controlled Drugs course	\$550

### **Distressed Physicians Courses**

Organization / Location	CME Hours	Course Name / Description	Cost
<b>Case Western Reserve University/Intensive Series of Courses</b> Cleveland, Ohio (216) 844-5050 (800) 274-8263 <a href="https://case.edu/medicine/cme/courses-activities/intensive-course-series/difficult-communications/">https://case.edu/medicine/cme/courses-activities/intensive-course-series/difficult-communications/</a>	19.5	<b><u>Intensive Course in Managing Difficult Communications in Medical Practice</u></b> Designed for physicians in all specialties who wish or need to pursue further training in health communications and managing conflict and strong emotion in medical practice. The course combines a personal case-based reflective essay, a pre and post-course assignment, a CQI health communication project for your practice, lectures and participative discussions, skill practice sessions, daily simulations with standardized patients and onsite video review self-assessment.	\$1,600

<p><b>Vanderbilt University Medical Center Medical</b> Nashville, Tennessee (615) 936-0678 <a href="https://ww2.mc.vanderbilt.edu/cph/36636">https://ww2.mc.vanderbilt.edu/cph/36636</a></p>	48.25	<p><b><u>Distressed Physician Program</u></b> Course addresses the specific needs of physicians whose workplace behavior has become problematic. Combines didactic presentations, role-play w/focused feedback, group feedback from peers and colleagues, with review of workplace/family complaints. Solutions are reinforced by role-play, feedback, testing and group accountability. Teaches physicians new skills in recognition and expression of emotions that lead to disruptive behavior. Typical behaviors include: throwing charts, shouting, making demeaning comments to staff or co-workers, and uncontrollable anger which causes an atmosphere of conflict and distress for colleagues and staff.</p>	\$4,500
<p><b>University of California - PACE Program</b> San Diego, California (619) 543-6770 <a href="http://www.paceprogram.ucsd.edu/CPD/Anger.aspx">http://www.paceprogram.ucsd.edu/CPD/Anger.aspx</a></p>	31.25	<p><b><u>Anger Management for Health Professionals Program</u></b> Program is conducted in groups of 6-10 participants. Participants will learn the importance of anger management and good communication as essential aspects of health care. Will better understand effective communication skills that lead to desired interpersonal outcomes. Will practice behavioral and cognitive strategies to manage stress and anger. Will be taught behavioral change through the use of lecture discussions, observation, and role-playing.</p>	\$3,500
<p><b>The Center Personalized Education for Physicians ("CPEP)</b> 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303-577-3232 <a href="https://www.cpepdoc.org/cpep-courses/improving-inter-professional-communication/">https://www.cpepdoc.org/cpep-courses/improving-inter-professional-communication/</a></p>	17.5	<p><b><u>Improving Inter-Professional Communication: Working Effectively In Medical Teams</u></b>  This 2.5 day course is designed to give healthcare professionals the skills they need to employ professional and effective communication in the workplace. Participants learn how to recognize individual communication styles, improve medical team dynamics and patient care outcomes, and support behavior change.</p>	\$2,250

**Practice Monitoring Programs**

<p><b>The Center Personalized Education for Physicians (“CPEP”)</b>  720 S. Colorado Blvd., Suite 1100-N  Denver, CO 80246  303-577-3232  <a href="https://www.cpepdoc.org/practice-monitoring-program/">https://www.cpepdoc.org/practice-monitoring-program/</a></p>	<p>N/A</p>	<p><b><u>Practice Monitoring Program</u></b>  Provides on-going monitoring for clinicians under sanction by state licensing boards. The program is designed to meet the specific requirements of the individual’s Board action and can include regular chart reviews and site visits by qualified consultants. Duration varies based on stipulation from 12 months to 5 years.</p>	<p>\$2,000- \$3,000  *Fee per chart review-varies</p>
<p><b>University of California - PACE Program</b>  San Diego, California  (619) 543-6770  <a href="http://www.paceprogram.ucsd.edu/PEP/PEP.aspx">http://www.paceprogram.ucsd.edu/PEP/PEP.aspx</a></p>	<p>N/A</p>	<p><b><u>Physician Enhancement Program (“PEP”)</u></b>  The Physician Enhancement Program (PEP) is an on-site, in-practice mentoring program designed to assist the practicing physician in attaining the highest standards of professional growth and clinical excellence. It provides longitudinal assessment, education, and practice-based improvement to participating physicians. Includes on-site visit, personal and practice development plan, monthly chart audit, monthly phone call, monthly and quarterly reports and PULSE survey. The program is a minimum of one year.</p>	<p>Call for pricing</p>